



MyGut™
Health



Know Your Gut

MyGutHealth™ is an at-home test microbiome test that evaluates the genetic material of your gut microbiome for understanding and improving your gut health. Using MyGutHealth one gets a detailed view of the microbial species in their gut and how they affect their health, energy and mood. Personalized nutritional, probiotic and supplement recommendations help you in improving your daily health.



Gut microbiome imbalance **key factor in Type 2 Diabetes development** in **90%** cases

Significant improvement in symptoms with a diet based on microbiome analysis in **50%** of people with Irritable bowel syndrome

Benefits

- Provides a comprehensive analysis of your gut microbiome.
- Helps you identify potential gut health issues and take proactive steps to improve your overall health and well-being.
- Personalized recommendations to determine the best-suited diet, probiotics and lifestyle based on your microbiome analysis.
- Easy to use, non-invasive test that can be done in the comfort of your own home.

Features



Microbiome
Composition



Fast reporting with
99.9% data accuracy



Easy to read and
self-explanatory report

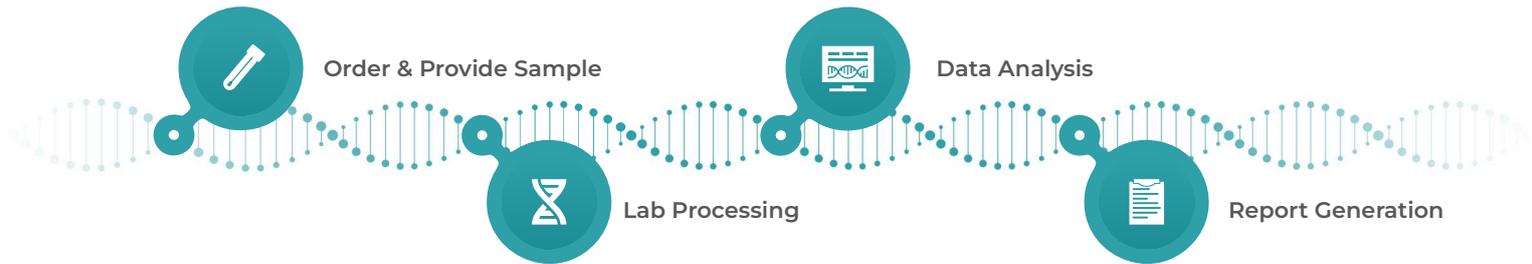


Non-invasive
test

Who can take this test?

- Individuals interested in understanding their gut health
- People experiencing gut-related issues like bloating, constipation, or abdominal discomfort
- Those looking to optimize their diet and lifestyle for better overall health
- Anyone curious about their gut microbiome composition and its impact on their well-being

Process



Testimonials

I was struggling with digestive issues for a long time, but after taking the Mapmybiome test, I gained valuable insight into my gut health. With personalized recommendations based on my unique microbiome composition, I identified specific dietary and lifestyle changes that dramatically improved my symptoms. Highly recommended to anyone struggling with gut issues.

Ms. Das (Age: 27) | Working Professional

As an athlete, the Mapmybiome test helped me optimize my performance. Personalized recommendations and the counseling were crucial for my understanding and with targeted changes, I've seen significant improvements.

Aarav (Age: 24) | Athlete

Why MapmyGenome™?



24X7
Service



Latest Sequencing
Technology



22+ Years of
Genetic Experience



Accredited
Laboratory



Genetic
Counseling



Corporate Office

Royal Demeure, Plot No. 12/2, Sector-1, HUDA Techno Enclave, Madhapur, Hyderabad, Telangana-500081

Scan QR code to fill the form to get more info and a call back

